



COLOUR EXPRESS SET

Instruction Guide

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Set Includes



Express Light, Cosmetic Bag (small) , 1 x Base Coat, 2 x Express 1-step Colour,
1 x Fingernail File 280/320 (pink), 1 x Toenail File 100/180 (white), 1 x Buff,
3 x Gel Corrector Sticks, 1 x Cuticle Pusher, 25 x Nail Prep Pads (IPA), 1 x Express
Remover

For full instructions on the Express Light, please refer to the Instruction Guide
“Express Light”

Directions for Using Express 1-Step Colour

- 1)** Wash and dry hands thoroughly first, before filing and buffing - nails are porous and will expand slightly when wet. If product is applied before they're completely dry, the nail will dry after application and contract causing colour to lift.
- 2)** File nails with either the Fingernail File or Toenail File
- 3)** Gently remove any cuticle from the nail plate with cuticle pusher
- 4)** Using the Buff, gently and lightly buff the nail plate to remove any shine on the nail surface - this will help the Express 1-step Colour to adhere (also use the buff to clean around the tips of the nails in case there's any loose nail from filing). Buffing removes oil and dead skin from the nail plate.
- 5)** Brush any dust off the nails. Then wipe each nail with a Nail Prep Pad. This helps dehydrate the nail and remove oil. Do not touch nails. Make sure nails are dry before application.
- 6)** For easy removal later, apply a thin layer of Simply Billie Base Coat. When you take the brush out of the bottle scrape off one side of the brush completely. If the other side of the brush is covered too thickly in Base Coat, thin it out a little by scraping brush on the inside of the bottle. Start applying Base Coat 3/4 of the way down the nail and then work back towards the cuticle - that way you avoid flooding the cuticle and skin with the product. Try to leave 1/2mm gap between the cuticle and the beginning of the nail. If possible avoid Base Coat touching the cuticle and skin. For application of a thinner coat, heat the Base Coat bottle in a warmed wheat bag before use or place closed bottle in a bowl of hot water. This will thin the consistency of the Base Coat.
- 7)** Use a Gel Corrector Stick (preferably soaked in Isopropyl Alcohol (IPA) - (available from hardware stores) to run along the area between skin and nail if you do end up with product on the skin. Any product on the skin will then clean off easily afterwards. Thinly brush the very end of the nail horizontally with the Base Coat. This seals everything in and will stop the colour from peeling off the end of the nail. (This is called capping the free edge) You can brush over the nail as much as you like as the product won't set until it's put under the light. When you're happy, place hand under Express Light for 30 seconds. DO NOT touch nails.

**Although not essential, for best results always complete steps 1-7 first.*

- 8)** Apply a thin layer of Express 1-step Colour. Before application gently roll bottle between palms of your hands or tip bottle upside down once and return to upright position. Avoid shaking as this can cause air bubbles. When you take brush out of bottle scrape off one side of the brush completely. If the other side of the brush is covered too thickly in colour, thin it out a little by scraping brush on the inside of the bottle. Start applying Express 1-step Colour 3/4 of the way down the nail and then work back towards the cuticle - that way you avoid flooding the cuticle and skin with the product. Try to leave 1/2mm gap between the cuticle and the beginning of the nail. If possible avoid colour touching the cuticle and skin. For application of a thinner coat, heat the Express 1-step Colour bottle in a warmed wheat bag before use or place closed bottle in a bowl of hot water. This will thin the consistency of the gel.

9) Use a Gel Corrector Stick (preferably soaked in Isopropyl Alcohol (IPA) - available from hardware stores) to run along the area between skin and nail if you do end up with product on the skin. Any product on the skin will then clean off easily afterwards. Thinly brush the very end of the nail horizontally with the Express 1-step Colour. This seals everything in and will stop the colour from peeling off the end of the nail. You can brush over the nail as much as you like as the product won't set until it's put under the light. When you're happy, place hand under Express Light for 30 seconds. **DO NOT** touch nails.

10) Apply a second coat of colour following all the steps at 8 and 9. Remember don't apply too thick and clean up any mess around the cuticles using the wooden sticks and the isopropyl alcohol. Thinly brush the very end of the nail to seal everything in. Place hand under Express Light for 30 seconds.

Your nails are now 100% dry. Enjoy!

Removal

- 1)** Gently buff the nail surface to allow the Express Remover to work more effectively.
- 2)** Using the Express Remover, and working on one hand at a time, paint each nail liberally, avoiding the skin. Leave 1-2 minutes.
- 3)** Using a cuticle pusher, gently and easily scrape all colour off the nail working from the cuticle to the tip of the nail. Be careful not to scratch the nail surface.
- 4)** Firmly wipe excess off nail with a piece of paper towel. Repeat if necessary.
- 5)** Use the buff to gently remove any stubborn residue.
- 6)** Wipe over each nail with a Nail Prep Pad (soaked in IPA).

TIP - Use an exfoliating glove - after Express Remover has been applied, place glove on the other hand and rub firmly around nails to remove excess residue.

Tips

- Always turn the Express 1-step Colour bottle upside down once and then upright again. This ensures that the colour mixes thoroughly. Avoid shaking any gel products, whether it's Base Coat, Top Coat or Express 1-step Colour. This can create air bubbles and can affect the end result.
- To achieve thinner coats of Base Coat, Top Coat and Express 1-step Colour, heat bottles in a warmed wheat bag before use. or place closed bottle in a bowl of hot water.
- Before recapping bottles, remove gel from bottle neck with a Nail Prep Pad
- For maximum adhesion, and to prevent streaks, blank spots, uneven colour results, shrinkage or heat sensation during curing - always prep nails following the instructions.
- DO NOT overload brush, polish on thin coats that still glide over the nail easily. The brush should never drag.
- Always cap free edges (run brush horizontally along the very tip of the nail to seal the edge)
- Remove gel from cuticles and sidewalls prior to curing
- DON'T touch nails between coats and cure immediately after application.
- Increase the life of your manicures by wearing gloves when washing dishes and gardening.
- Make sure nails are thoroughly dry before beginning preparation (ie. before filing, buffing etc)
- When curing, follow correct hand placement and recommended cure times. The better the preparation, the more stunning the finish. Always make sure nails are clean and dry before any gel application.
- Always use the correct amount of gel on the brush - always scrape down one side of the brush completely on the inside of the bottle. The product remaining on the brush shouldn't be so great that it floods the nail, but shouldn't be so little that it drags on the nail. The brush should glide easily over the nail without soaking it in gel.
- Most important thing to avoid is gel touching the cuticle and skin.
- Use the Base Coat as your first layer - it will make soaking off so much easier and will help to keep your polish on longer.
- Move bottles of 1-step Colour and bottles of Base and Top Coats away from the Express Light when it's switched on. UV light can harden and cure these products in the bottle.
- Express Remover - use in conjunction with an exfoliating glove. This helps to remove any excess once the Express Remover has been used.

Important Safety Instructions

- ✎ **DO NOT** take internally
- ✎ Don't use any Simply Billie product on nails that are infected, damaged, weak or thin, have been bitten deep into the nail bed, or are surrounded by sore or inflamed cuticles.
- ✎ Discontinue use if sensitivity or discomfort occurs – may cause allergic reaction in certain persons.
- ✎ If accidental eye contact occurs, flush with water for at least 15 minutes and seek medical attention as soon as possible.
- ✎ Keep all products away from heat and open flame.
- ✎ Avoid inhalation, ingestion and prolonged contact with skin.
- ✎ If taken internally, seek immediate medical attention.
- ✎ If product is spilled on skin, wipe off with Isopropyl Alcohol (IPA), then wash with mild soap and water.
- ✎ If product is spilled on clothing, wipe off with Isopropyl Alcohol (IPA) and then wash with mild soap and water
- ✎ Read product MSDS and instructions completely before use.

CAUTION – KEEP OUT OF REACH OF CHILDREN

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